



Menu: from 2020

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Vegetable Soup with Sandwich	Tomato and Vegetable Rice	Tuna and white sauce Pasta	Leek and Potato Soup with Sandwich	Chicken Korma with Boiled Rice
Alternative					Quorn Korma with Boiled Rice
Puddings	Fruit Salad	Yoghurt & Fruit	Jelly with Fruit	Rice Pudding	Banana Cake

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Chilli con Carne with Rice	Chicken Pesto Pasta	Tomato Soup with Sandwich	White Fish with Tomato Pasta	Fish Fingers & beans
Alternative		Quorn Pesto Pasta			
Puddings	Yoghurt & Fruit	Fruit Salad	Rice Pudding	Flapjack	Jelly with Fruit

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Fish Curry with Boiled Rice	Chicken Goujons, Beans and Veg	Macaroni Cheese with Peas and Pasta	Italian Tomato and Herb Chicken with Rice	Sweet Potato and Butternut Squash Soup with Sandwich
Alternative		Vegetable Nuggets with Beans	Macaroni with herb white sauce, peas and sweetcorn	Italian Tomato and Herb Quorn with Rice	
Puddings	Yoghurt & Fruit	Rice Pudding	Vanilla Sponge	Jelly with Fruit	Fruit Salad

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Mince and Tatties	Pasta Arrabiata	Chicken Noodle Soup	Sweet & Sour Chicken with Rice	White Fish & Sweetcorn White Sauce Pasta
Alternative	Quorn Mince and Tatties		Quorn Noodle Soup	Sweet & Sour Quorn with Rice	
Puddings	Fruit Salad	Jelly with Fruit	Rice Pudding	Apple Pie Oat Bake	Yoghurt & Fruit

N.B. If Rob is on holiday, the children will receive Sweet Potato soup and a Sandwich
 On non Soup days the children will receive a side portion of mixed Vegetables with their meal.