

BONNINGTON HOUSE NURSERY

WINTER WEEKLY MENU (SAMPLE) January 2012

LADYBIRDS / BUSY BEES / BUTTERFLIES					
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	e.g. cereal (supplied by parents) can be served with milk by the nursery staff if required for children arriving before 8.30am				
9.30 am Snack	Crumpets + butter Fruit	Toast + butter/jam Fruit	Toast + toppings Fruit	Cheese + biscuits Fruit	Muffin + butter/jam Fruit
11.30 am Lunch Main course	Winter vegetable soup + homemade bread	Vegetable lasagne	Roast chicken + Yorkshire pudding + vegetables	Pesto pasta + vegetables	Fish goujons + potato wedges + garlic dip
Lunch Desert (under 2s have natural yoghurt + fruit only)	Homemade Rice Pudding	Fruit smoothies	Rhubarb yoghurt + fruit compote	Fruit crumble	Jelly and/or ice cream
3.30pm Afternoon Tea	Selected sandwiches Banana muffins	Pita bread + humus + vegetable dips Flapjacks	Bread sticks + cheese Scones + butter/jam	Selected sandwiches Tray bake	Vegetable sticks +dips Biscuits

N.B. All allergies/food intolerances will be catered for by our Cooks, with suitable alternatives provided.

CATERPILLARS					
	Monday	Tuesday	Wednesday	Thursday	Friday
9.30 am Snack	Fruit puree + milk/water				
11.30 am Lunch Main course	Pesto pasta + vegetables	Vegetable lasagne	Roast chicken + Yorkshire pudding + vegetables	Baby rice + veg puree	Fish + potatoes
Lunch Desert	Natural yoghurt + fruit puree				
3.30pm Afternoon Tea	Vegetable puree + rice cakes	Vegetable puree + crackers	Vegetable puree + oatcakes	Vegetable puree + rice cakes	Vegetable puree + bread sticks